Levels within our Centre Stage Sparkle Dance Program

* Twinkles - a half hour class for the ages 2.5-4.5 (pre-K) that focuses on creative movement and gross motor skills such as hopping, skipping, and left from right, as well as beginning ballet and tap skills. Ballet and tap shoes required and we do have them for sale at the studio. We alternate shoes each week so that we don’t have to change shoes during class. A Shoe Schedule will be given out to all Twinkle Parents outlining this and will be posted in the studio.
* Glitter - divided by grade level for K-5th, this class combines tap, ballet and jazz in a 1 hour weekly class; our most economical class!! Dancers will get a great introduction and training with this class. Each level has a syllabus and specific designed combinations to master. Cecchetti Method of Ballet taught. Tap, Ballet and Jazz shoes and appropriate dancewear required (See DRESS CODE link)
* Beautiful Ballet -  beginning ballet for Grades 1-5th, Cecchetti Method of Ballet. Ballet shoes, tights, leotard required. (See DRESS CODE link)
* CS Hip Hop Crew – our hip hop program is so fresh and fun! Grades K-6th, multiple age divisions available. A great genre to start with for an older beginner. Hip Hop Shoes and appropriate clothing required. (See DRESS CODE link)
* Shimmers- Grades 6th-8th (5th grade only by instructor approval) -   Ballet, Tap, Jazz/Hip Hop, and Contemporary . All classes within this group are a la carté, meaning they are separate classes to register for and have a different costume. (See DRESS CODE link)
* Advanced - Grades 9th grade - Senior (8th grade only by instructor approval), 1 hr long classes in Ballet, Tap, Jazz/Hip Hop, Contemporary. All classes within this group are a la carté, meaning they are separate classes to register for and have a different costume. (See DRESS CODE link)
* Sparkler Company: accelerated technique for our Sparkler Dance Company members. We rehearse for outside performance opportunities within class at various points in the season and perform extra numbers in our recital. Opportunities for competition come from our performance company only.

Genres Taught in Various Levels Throughout our Program

* Ballet is the core of dance training. Through ballet training a dancer learns correct body placement, increases body flexibility and develops self-discipline. Cecchetti method taught.
* Tap - learn tap steps (classic and contemporary) from beginning to advanced and rhythm combinations in this class
* Jazz- focusing on proper technique and terminology, dancing to snappy tunes and learning tricks
* Hip Hop - this genre combines flexibility, stamina and strength to upbeat music.  Several popular new dance moves are introduced. This genre is incorporated into our jazz classes.
* Contemporary - learn how movement can tell a story and show emotion through dance in this class
* Musical Theatre: focus on performance quality, story-telling through dance and theatrics (we incorporate this style into tap and jazz classes when applicable)
* Acro- this class builds flexibility, strength and coordination. Each class provides individualized instruction to any age level. Each child has their own skill plan designed for them. We follow the Acrobatic Arts syllabus in our training, which emphasizes safety and strength in all skills.